



JAM time: K-1st

name:

BOTTOM LINE:

**God is in control,
so I can trust Him.**

MEMORY VERSE:

“God is our place of safety. He gives us strength. He is always there to help us in times of trouble.” Psalm 46:1 (NIRV)

monday



WORSHIP

Listen to one worship song and sing along.



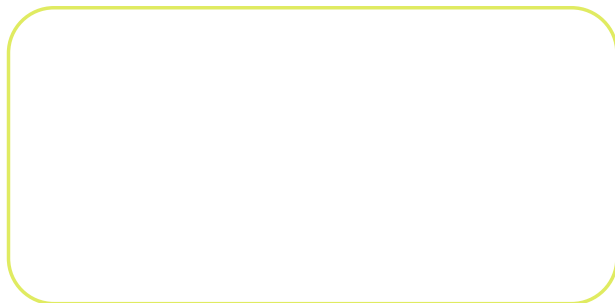
WORD

Read Psalm 46:1

Trace the words in the bottom line:

God is in control, so I
can trust Him.

Draw something you can trust God with.



WHISPER

God, You are in control so I can trust You!

tuesday



WORSHIP

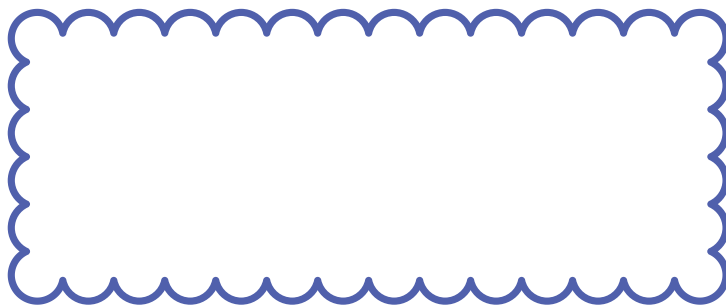
Tell God THREE things you love about Him.



WORD

Read Psalm 46:1

Even when hard things happen, God is still in control. You can pray, and remember He loves you very much. God gives peace to your heart when you need it. **Draw something that make you feel scared that God can help you with.**



WHISPER

God, when I am scared, I know I can trust You.

wednesday



WORSHIP

Worship God by doing ONE kind thing for someone today.



WORD

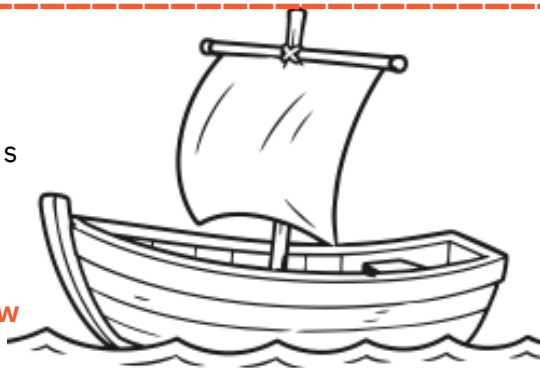
Read Psalm 46:1



WHISPER

God, You make me brave!

Storms can sound loud and scary. The disciples felt afraid in the boat, but Jesus was in control the whole time. Jesus is stronger than wind, rain, and waves. When we feel scared, we can trust Him too. **Draw a happy face in the boat to show Jesus helps us feel safe.**



COLOR the phrase below:

God is in
control.

thursday



WORSHIP

Look outside and thank God for something He created.

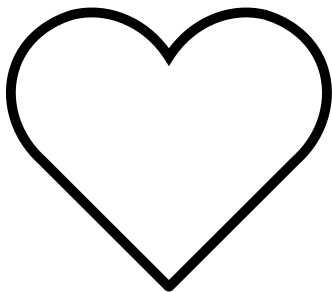


WORD

Read Psalm 46:1

Sometimes we feel scared, and sometimes we feel happy! No matter how we feel, we can remember that God is always with us and in control! When we feel scared, we can pray and trust Him to help us.

Inside the heart, draw something that helps you remember God is always with you!



WHISPER

God, thank You for being with me!

friday



WORSHIP

Thank God for FIVE good things from this week.



WORD

Read Psalm 46:1

Jesus takes care of us every day. He knows when we are scared, worried, or unsure. We can trust Him because He is loving, strong, and good. Jesus is our safe place.

Circle the things you can do when you feel scared.



WHISPER

God, you are stronger than anything I fear.

ASK JESUS WHAT TO READ TODAY!

DRAW OR WRITE ABOUT IT BELOW:

saturday

I READ: _____



WHAT SONGS
ARE WE
SINGING IN
CEDARCREST
KIDS?



see you on
sunday!

BRING YOUR JAM TIME
SHEET WITH YOU TO EARN
A PUNCH ON YOUR CARD!

PARENT
RESOURCE
PAGE





JAM time: 2nd-3rd

name: _____

BOTTOM LINE:

**God is in control, so I
can trust Him.**

MEMORY VERSE:

“God is our place of safety. He gives us strength. He is always there to help us in times of trouble.” Psalm 46:1 (NIRV)

monday



WORSHIP

Listen to one worship song and sing along.



WORD

Read Psalm 46:1

WRITE THE BOTTOM LINE:

FILL IN THE BLANK OF THE MEMORY VERSE:

“_____ is our place of
_____. He gives us
_____. He is always
there to help us in times of
_____.” Psalm _____:
(NIRV)



WHISPER

God, You are always with me.

tuesday



WORSHIP

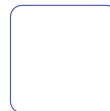
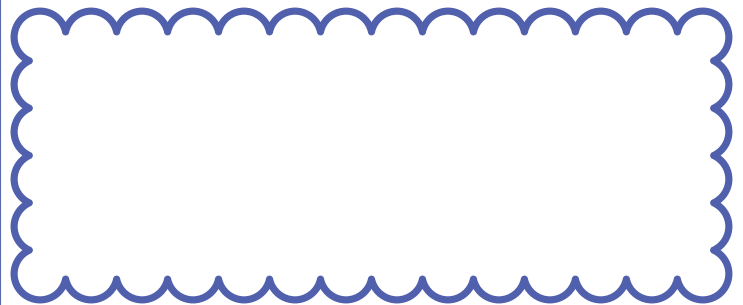
Tell God THREE things you love about Him.



WORD

Read Mark 4:35-41

A huge storm scared Jesus' disciples! But Jesus spoke, and the storm stopped. Jesus is stronger than any storm! When you feel scared or worried, remember that God is in control, so you can trust Him! **Draw Jesus calming the storm.**



WHISPER

God, I know I can trust You!

wednesday



WORSHIP

Worship God by doing
ONE kind thing for
someone today.



WORD

**Read
Psalm 56:3**



WHISPER

God, You are my shield.

The disciples were scared during the storm, even though Jesus was with them! Sometimes we feel scared or worried too. But God is always with us, and we can talk to Him about anything that scares us. We can trust God when we are afraid!

**Next to the praying hands, draw something
you want to ask God to help you with.**



thursday



WORSHIP

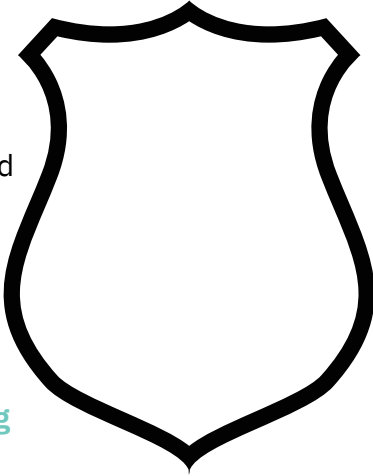
Look outside and thank God for something He created.



WORD

Read Joshua 1:9

Sometimes God calms our storms, and sometimes He helps us stay strong through them. No matter what hard things we face, God is always with us! He sees us, loves us, and helps us be brave. We can trust Him through anything! **Inside the shield, draw something you need God's help to be brave about.**



WHISPER

God, You are my sheild!

friday



WORSHIP

Thank God for FIVE good things from this week.



WORD

Read Philippians 4:6-7

Sometimes our problems feel big, just like the storm the disciples faced. But God is always in control! When we feel worried or scared, we can pray and ask God for peace. God hears our prayers and helps calm our hearts! **Draw what you think peace feels like.**



WHISPER

God, thank You for giving me peace!

ASK JESUS WHAT TO READ TODAY!

DRAW OR WRITE ABOUT IT BELOW:

saturday

I READ: _____



WHAT SONGS
ARE WE
SINGING IN
CEDARCREST
KIDS?



see you on
sunday!

BRING YOUR JAM TIME
SHEET WITH YOU TO EARN
A PUNCH ON YOUR CARD!

PARENT
RESOURCE
PAGE





JAM time: 4th-5th

name: _____

BOTTOM LINE:

**God is in control, so
I can trust Him.**

MEMORY VERSE:

“God is our place of safety. He gives us strength. He is always there to help us in times of trouble.” Psalm 46:1 (NIRV)

monday

☐

WORSHIP

Listen to one worship song and sing along.

☐

WORD

Read Psalm 46:1

WRITE THE BOTTOM LINE:

WRITE DOWN THE MEMORY VERSE:

☐

WHISPER

God, You are always with me!

tuesday

☐

WORSHIP

Tell God THREE things you love about Him.

☐

WORD

Read Mark 4:35-41 & Isaiah 41:10

The disciples were scared during the storm, but Jesus was with them and had power over it all! We face storms too, like fear, loneliness, or stress. But

Jesus is always with us, and He is stronger than our fears! **Draw a storm you are facing and Jesus with you in it.**

☐

WHISPER

God, thank You for being in the storm with me.

wednesday

☐

WORSHIP

Worship God by doing ONE kind thing for someone today.

☐

WORD

Mark 4:38-40 & Proverbs 3:5-6

☐

WHISPER

God, You are bigger than anything I face!

The disciples were so focused on the storm that they forgot Jesus was right there with them! Sometimes we focus so much on our problems that we forget God is in control. **What is something in your life that feels hard right now?** _____

When you face something difficult, do you focus more on your worries or on God's promises? _____

Remember, God is bigger than anything you face, and He is always with you!

thursday



WORSHIP

Look outside and thank God for something He created.



WORD

Read Galatians 6:2 & Philippians 2:4

Sometimes people around us are facing hard things we can't see. God wants us to notice when others need help and show them His love! Even small acts of kindness can make a big difference.

Think of **ONE** person who might need encouragement. Write their name down and draw one way you can show them God's love this week!



WHISPER

God, help me to remember You are with me.

friday



WORSHIP

Thank God for FIVE good things from this week.



WORD

Read John 16:33 & Philippians 4:7

Jesus never promised life would be easy, but He promised us peace! Even when life feels stressful or confusing, we can trust that God is loving, powerful, and always with us. True peace comes from trusting Jesus, not from having a perfect life! Write down three words that remind you who God is when life feels hard.



WHISPER

God, thank You for always being with me.

ASK JESUS WHAT TO READ TODAY!

DRAW OR WRITE ABOUT IT BELOW:

saturday

I READ: _____



WHAT SONGS
ARE WE
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