

# JAM TIME

## JESUS AND ME

May 3rd – May 9th

Bottom line: Keep practicing what matters most.

My name is:

“Training the body has some value. But being godly has value in every way. It promises help for the life you are now living and the life to come.” *1 Timothy 4:8 NIV*



## MONDAY



Why do we spend time with God? Ask Him!

### WORSHIP

Make up a song to sing to Jesus today!

### TALK TO GOD

“Thank you God for”...  
“God, will you please...?”

### READ

Psalm 37:1-2



Worship is celebrating God for who He is and what He has done for us. Take some time to sing to Him, thank Him, dance to your favorite worship song, or draw a picture for Him...whatever you can think of to express love to Jesus!

## TUESDAY

Close your eyes and imagine Jesus bringing you a gift! You open it, what's inside?

### WORSHIP

How do you want to give your love to Jesus today?

### TALK TO GOD

“Thank you God for”...  
“God, will you please...?”

### READ

1 Corinthians 9:24-25

This month is all about commitment – making a plan and putting it into practice. Can you think about a way that you've shown commitment before? Maybe in a sport? Or at school, learning for a big test? Or in writing or reading?

Write it here: \_\_\_\_\_



Faith and following Jesus every day works the same way. If we want to grow in our relationship with Jesus and have a faith that actually makes a difference, then we need a plan. And once we have a plan, we need to actually practice the plan.

\*This month, we'll take a look at four practical ways we can grow in our faith as we **HEAR** from God, **PRAY** to God, **TALK** about God, and **LIVE** for God.



## WEDNESDAY

Open your hands and tell God, “I receive Your love today!” What does this feel like?



### WORSHIP

Tell Jesus 5 things you love about Him!

### TALK TO GOD

“Thank you God for”...  
“God, will you please...?”

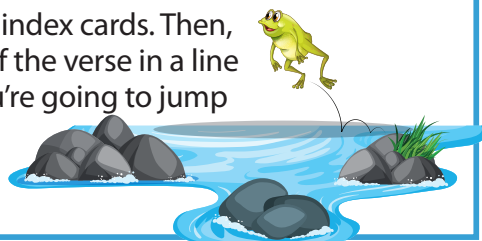
### READ

Proverbs 16:3

**Practice** = performing an activity or exercising a skill over and over again in order to improve. Write down a few things you practice in order to get better: \_\_\_\_\_

Circle one of your examples. When do you practice? \_\_\_\_\_  
How often? \_\_\_\_\_ Have you ever thought about a practice plan? \_\_\_\_\_

\*Write the words of today's verse on separate index cards. Then, place each individual card in the right order of the verse in a line (almost like rocks going across a river that you're going to jump on...). Then practice repeating the verse as you hop from card to card.



# THURSDAY

Close your eyes and imagine traveling somewhere with Jesus! Where are you going? What is it like?

**WORSHIP**  
Make up a song to sing to Jesus today!

**TALK TO GOD**  
"God, I want you to know that"...

**READ**  
Matthew 22: 37-38

Jesus said that loving God is the first and most important commandment. It's the number one thing you can do today. In fact, you could say that loving God is the greatest thing you can do. Period. How do you show God you love Him? By obeying Him. When we obey God, it's like saying, "God, I trust that your way is best." What is something you know God wants you to do that's hard? Write it here: \_\_\_\_\_  
(examples: obey your parents, tell the truth, be kind to someone who isn't kind to you, listen and not interrupt)

**\*After writing your response, pray and ask the Holy Spirit to help you show Him how much you love Him by doing what He's asked....**



# FRIDAY

Close your eyes and imagine Jesus bringing you a gift! You open it, what's inside?

**WORSHIP**  
Turn on your favorite song about God & sing to it!

**TALK TO GOD**  
"Thank you God for"..  
"God, will you please...?"

**READ**  
Matthew 22:39-40

Fill in the answers below. Then copy each letter to the same numbered square to complete the phrase at the bottom.

Short for Abraham      to make musical sound with your voice      2 + 2

1   2   3                      12   7   9   5                      4   10   13   11

the back part of your foot      Of great weight; difficult to move

6   3   3   8                      6   3   1   14   15

Jesus said, " \_\_\_\_\_  
8   10   14   3                      15   10   13   11

9   3   7   5   6   2   10   11                      1   12

15   10   13   11   12   3   8   4 \_\_\_\_\_"



# SATURDAY

A friendship with Jesus is AMAZING!

**ASK JESUS WHAT TO READ TODAY!**

I read: \_\_\_\_\_



Draw or write about it here!

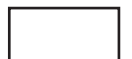
# SUNDAY

Let's Celebrate God!

**ASK JESUS WHAT TO READ TODAY!**

- Play outside together
- Go for a walk and talk about what you see
- Ask each other questions
- Dance and sing     Create something together

Draw a SMILE in the box when you do it!



**WE CAN'T WAIT TO SEE YOU AT CHURCH! BRING YOUR JAM TIME SHEET FOR A PRIZE!**