

PUBLIC KITCHEN: Confession
Van Vandegriff // May 2, 2021

WORSHIP

Come to the Alter // Elevation Worship

INTRO

****Please know that this is a little heavier topic and might have a different feel to the group.****

Share your worst childhood memory of a time when you had to confess to your parents about something you had done.

What are some of the things that can keep us from confessing our sin to each other? For some of us it's shame, trust, fear, etc... What is it for you?

WORD

Read 1 John 1:8-9 Verse 8 says we are all sinners so let's start there. Our natural understanding of sin is the things that we do but it is actually the condition of our heart. Why is it easier to focus on the things that we do that are wrong rather than focusing on the condition of sin in our hearts?

Verse 9 reminds us that we can't clean up our junk. It has to be Jesus! What does it look like for you to confess your sin to the Lord? How often does this need to take place?

Read Heb 8:12 What does this say about God's heart toward us when we confess our sin?

We know we need to confess our sin to God. What does it do for us and others when we confess our sin to each other?

WHISPER

Break up into groups of 2 or 3 and confess one thing (try to focus on the heart sin and not the external sin or the things we do). Commit to pray and follow up with each other throughout the week.

