

# JAM TIME

## JESUS AND ME

November 23rd - November 29th

Bottom line: Adjust your attitude.

My name is:

"Give thanks to the LORD, because he is good.  
His faithful love continues forever."

*Psalm 136:1 NIRV*

# MONDAY

Why do we spend time with God? Ask Him!

**WORSHIP**

Make up a song to sing to Jesus today!

**TALK TO GOD**

"Thank you God for"...  
"God, will you please...?"

**READ**

Psalm 136:1

Remember your gratitude journal? Take some time to add to it today... write the word "GRATITUDE" along the side of a page. Next to each letter, write down something you're thankful for that starts with that letter.

G  
R  
A  
T  
I  
T  
U  
D  
E

# TUESDAY

Close your eyes and imagine Jesus bringing you a gift! You open it, what's inside?

**WORSHIP**

How do you want to give your love to Jesus today?

**TALK TO GOD**

"Thank you God for"...  
"God, will you please...?"

**READ**

Ephesians 5:4

Today's verse tells us about a remedy for unkind, ungrateful, unholy, or foolish words...THANKSGIVING! It challenges us to change our attitude and turn up the gratitude. This week, when you find yourself getting angry, or wanting to tell an inappropriate joke, or starting to make fun of somebody, remember this: you can replace those words with words of thanksgiving. Sometimes, that requires a deep, down-in-your heart attitude change! Write down a prayer, asking the Holy Spirit to help your heart choose thanksgiving over ungrateful, impure words!  
Heavenly Father, will you please \_\_\_\_\_  
\_\_\_\_\_.

In Jesus' name, Amen.

# WEDNESDAY

Open your hands and tell God, "I receive Your love today!" What does this feel like?

**WORSHIP**

Tell Jesus 5 things you love about Him!

**TALK TO GOD**

"Thank you God for"...  
"God, will you please...?"

**READ**

Acts 16:22-25

Have you heard this story before? Read it and answer the following questions:

What happened to Paul and Silas before they were thrown in jail? \_\_\_\_\_

What did the jailer do with them? \_\_\_\_\_

What did Paul and Silas choose to do that night in jail (hint: verse 25)? \_\_\_\_\_

What did Paul and Silas do in jail? Did they pout? Complain? \_\_\_\_\_

# THURSDAY

Close your eyes and imagine traveling somewhere with Jesus! Where are you going? What is it like?

## WORSHIP

Make up a song to sing to Jesus today!

## TALK TO GOD

"God, I want you to know that"...

## READ

I Corinthians 15:57

Thank you, God, for \_\_\_\_\_

God, will you please \_\_\_\_\_

Jesus, I will follow you today by \_\_\_\_\_

# FRIDAY

Close your eyes and imagine Jesus bringing you a gift! You open it, what's inside?

## WORSHIP

Turn on your favorite song about God & sing to it!

## TALK TO GOD

"Thank you God for"..."God, will you please...?"

## READ

Colossians 4:2 (NirV)

According to today's verse, what should you give a lot of time and effort to?

\_\_\_\_\_

Yep! PRAYER! When we spend time talking to God, when we are watchful and pay attention to all the good things He's given us, we can be sure to have an attitude of gratitude.

Fill in the missing words of today's verse:

"\_\_\_\_\_ a lot of \_\_\_\_\_ and \_\_\_\_\_ to \_\_\_\_\_.  
\_\_\_\_\_ be \_\_\_\_\_ and \_\_\_\_\_." Colossians 4:2 (NirV)

# SATURDAY

A friendship with Jesus is AMAZING!

## ASK JESUS WHAT TO READ TODAY!

I read: \_\_\_\_\_

Draw or write about it here!

# SUNDAY

Let's Celebrate God!

## ASK JESUS WHAT TO READ TODAY!

- Play outside together
- Go for a walk and talk about what you see
- Ask each other questions
- Dance and sing
- Create something together
- Other:

Draw a SMILE in the box when you do it!

WE CAN'T WAIT TO SEE YOU AT CHURCH! BRING YOUR JAM TIME SHEET FOR A PRIZE!