

# JAM TIME

## JESUS AND ME

Sept. 21th - Sept. 27th

Bottom line:

Friends encourage one another.

My name is:

"A friend loves at all times. They are there to help when trouble comes." - *Proverbs 17:17 NIV*

# MONDAY

Why do we spend time with God? Ask Him!

Ask Jesus, "What do you want to tell me today?"

This might be a picture, word or a verse! Draw or write it here:

**WORSHIP**

Make up a song to sing to Jesus today!

**TALK TO GOD**

"Thank you God for"..."  
"God, will you please...?"

**READ**

Psalm 18:35

# TUESDAY

Close your eyes and imagine Jesus bringing you a gift! You open it, what's inside?

**WORSHIP**

How do you want to give your love to Jesus today?

**TALK TO GOD**

"Thank you God for"..."  
"God, will you please...?"

**READ**

I Thessalonians 5:11

Grab some blocks or plastic cups and build the tallest tower you can. How long will it last before someone knocks it over? An hour? 15 minutes? What if you were to stand there and protect it?

When it comes to friendship, encouragement is super important. Everyone has bad days, days when they don't feel like they can do anything right. As a friend, you have the opportunity to help someone feel better just by using kind words that encourage! Encouragement isn't just about words though. Sometimes, friends need someone to just sit with them, or give them a high-five, or smile at them.

Name one friend that you want to encourage this week with your words and actions. \_\_\_\_\_

What will you do or say? \_\_\_\_\_

# WEDNESDAY

Open your hands and tell God, "I receive Your love today!" What does this feel like?

**WORSHIP**

Tell Jesus 5 things you love about Him!

**TALK TO GOD**

"Thank you God for"..."  
"God, will you please...?"

**READ**

Galatians 6:2

In today's Bible verse, the Apostle Paul writes about "carrying" each other's burdens. Was he actually talking about carrying each other's stuff, like bookbags and toy buckets? Paul is actually talking about things that we can't see...like sadness, or failures, or temptations, or hardships. So how do you carry things you can't see?

How can you help "carry" your friend's sadness? \_\_\_\_\_

How can you help "carry" your friend's mess ups? \_\_\_\_\_

How can you help "carry" your friend's difficult things? \_\_\_\_\_

# THURSDAY

Close your eyes and imagine traveling somewhere with Jesus! Where are you going? What is it like?

## WORSHIP

Make up a song to sing to Jesus today!

## TALK TO GOD

"God, I want you to know that"...

## READ

Romans 15:2

Thank you, God, for \_\_\_\_\_

God, will you please \_\_\_\_\_

Jesus, I will encourage a friend today by \_\_\_\_\_

# FRIDAY

Close your eyes and imagine Jesus bringing you a gift! You open it, what's inside?

## WORSHIP

Turn on your favorite song about God & sing to it!

## TALK TO GOD

"Thank you God for"..."God, will you please...?"

## READ

1 Kings 2:1-15

Now ask Jesus:

What do You want to tell me through today's verse?" Listen and write here:

\_\_\_\_\_

What do You want me to know about being a good friend?" Listen and write here:

\_\_\_\_\_

What do You love about me?" Listen and write here:

\_\_\_\_\_

# SATURDAY

A friendship with Jesus is AMAZING!

## ASK JESUS WHAT TO READ TODAY!

I read: \_\_\_\_\_

Draw or write about it here!

# SUNDAY

Let's Celebrate God!

## ASK JESUS WHAT TO READ TODAY!

- Play outside together
- Go for a walk and talk about what you see
- Ask each other questions
- Dance and sing
- Create something together
- Other:

Draw a SMILE in the box when you do it!

WE CAN'T WAIT TO SEE YOU AT CHURCH! BRING YOUR JAM TIME SHEET FOR A PRIZE!